

ALL PHOTOS MUST BE CREDITED AS FOLLOWS:

Courtesy of Omega Institute for Holistic Studies, Rhinebeck, NY, eOmega.org

SUGGESTED PHOTOS CAPTIONS:**Spring Images:**

Photo Name: Omega Institute Campus

Suggested caption: Omega's 250+ acre campus, located in the heart of New York's Hudson Valley, is a premiere destination for health and wellness and lifelong learning.

Photo Name: Omega Institute Garden

Suggested caption: Omega's guests have access to gardens and woodland trails throughout the 250+ acre campus.

Photo Name: Omega Institute Lake

Suggested caption: Guests can connect with nature and enjoy the beauty of Long Pond Lake, part of Omega's 250+ acre campus.

Summer Images

Photo Name: Omega Institute Workshops

Suggested caption: Omega offers more than 350 workshops, conferences, and retreats at its Rhinebeck, New York campus and online.

Photo Name: Omega Institute Yoga

Suggested caption: Omega offers daily open classes in yoga, tai chi, movement, or meditation.

Photo Name: Omega Institute R&R Retreats

Suggested caption: Omega's 250+ acre campus is one of the Hudson Valley's premiere destinations for rest and relaxation.

Autumn Images

Photo Name: Omega Institute Campus

Suggested caption: More than 23,000 people visit Omega annually. The natural environment and quiet pace allow for extraordinary experiences to unfold on the 250+ acre campus.

Photo Name: Omega Institute Sign

Suggested caption: Omega's 250+ acre campus is a prime spot to take in the fall foliage.

Photo Name: Omega Institute Autumn

Suggested caption: Autumn colors abound on Omega's 250+ acre campus.