



2010
Annual Report

OMEGA



In 2010, more than
23,000 participants
shared stories of
transition, strength,
creativity, and courage.

Since 1977, Omega Institute has been a pioneering and trusted source at the forefront of lifelong learning. Our programs help people unlock their potential to live with greater connection, inspiration, purpose, and health. With the year 2010 marked by major shifts in our shared societal and economic climate, we have seen that Omega's mission is vitally relevant, our outreach is growing, and our impact continues to expand.

In 2010, more than 23,000 participants shared stories of transition, strength, creativity, and courage. They gained hope and healing that will serve them over a lifetime and can be shared with their communities back home.

As Omega strengthens its learning and outreach opportunities, we continue to provide an ideal environment where people can grow and flourish. In 2010, the Omega Center for Sustainable Living (OCSL) became the first building in the United States to achieve both LEED Platinum® and Living Building Challenge™ certification. It was also selected for the American Institute of Architects Committee on the Environment (AIA/COTE) Top 10 Green Projects Award. The OCSL is helping to set a benchmark for sustainable design and demonstrates new ways for all of us to be in relationship with our planet.

News about the OCSL followed just days after a major announcement from the Women's Institute at Omega. We have received an extraordinary gift that is facilitating the evolution of the Women's Institute into the Omega Women's Leadership Center (OWLC) over the next several years. This focus strengthens Omega's long history of programs for women and will bring new depth, community, and outreach to all who come and share in future programs. We look forward to keeping you informed as plans unfold.

We invite you to explore a broad spectrum of Omega's courses and workshops; experience a unique learning environment that nourishes your mind, body, and spirit; and engage with people from all walks of life who come to Omega to learn and recharge. We also encourage you to deepen your involvement in this great endeavor. With your participation, we create innovative experiences that inspire us all to take action in our lives and join with others in building a more balanced and sustainable world.

Skip Backus

Robert "Skip" Backus
Chief Executive Officer



Omega Center for Sustainable Living (OCSL) Receives Highest Sustainability Honors

In 2010, the Omega Center for Sustainable Living (OCSL), a state of the art environmental education center and water reclamation facility, was the first green building in America to achieve both LEED® Platinum and Living Building Challenge™ certification. It was also selected for the American Institute of Architects Committee on the Environment (AIA/COTE) Top 10 Green Projects Award for 2010. The building was featured in numerous national publications, including *Fast Company*, *GreenSource*, *E – The Environmental Magazine*, and many more.

“We are thrilled about the AIA/COTE award, which recognizes the integration of leading-edge green technology and the earth’s natural processes in architecture. For Omega, the OCSL

represents our deep commitment to understanding our own environmental impact and models some of the best ways forward,” says Robert “Skip” Backus, chief executive officer at Omega and general project manager for the OCSL.

In addition, a short film about the OCSL’s Eco Machine™ was included in the exhibition *Why Design Now?* at the Smithsonian’s Cooper-Hewitt, National Design Museum in New York City.

OCSL Is Host to Educational Tours & Public Events

This year, more than 1,500 people toured the OCSL, where they observed the Eco Machine™ treating wastewater without chemicals and got a close-up look at the solar and geothermal systems that provide energy, heating, and cooling for the building. Dozens of tour groups

throughout the year included the Vassar College Environmental Research Institute, SUNY Ulster, Putnam/Northern Westchester BOCES, Kingston American Association of University Women, New Paltz High School, and Adirondack Hiking Club.

In July, the New York State Energy Research and Development Authority (NYSERDA) sponsored a daylong training at the OCSL for K–12 educators interested in applying energy-based curriculum in the classroom. In September, the Northern Dutchess Alliance held an important public forum at the OCSL, *Water and Wastewater: Maintaining Quality and Supply*, featuring representatives from the Village of Red Hook, the DEC Hudson River Estuary Program, the Dutchess County Water and Wastewater Authority, and Sustainable Design at the Chazen Companies.



“The Omega Center for Sustainable Living is a model for water stewardship and regenerative architectural design....It has much to teach all of us about the potential for sustainable design.”

— Laura Lesniewski, project principal at BNIM

New Models for Sustainability Programming

As an environmental steward, Omega is dedicated to teaching others how to adopt sustainable living practices. This year, we took a new approach to our sustainability programming, scheduling eight programs in three distinct categories: affordable, experiential programs, such as



Join the Canvolution! with Audra Wolfe; nature and spirituality workshops, such as Mindfulness Meditation in Nature with Mark Coleman; and conferences, including the annual Design by Nature conference with Dayna

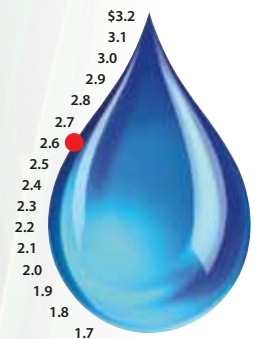
Baumeister, Bob Berkebile, Laura Lesniewski, Penny Livingston-Stark, Dana Levy, Jason F. McLennan, and John Todd. All three sustainability programming models were a great success on our Rhinebeck campus.

New Challenge Grant for Sustainability Curriculum Announced

To further advance Omega’s sustainability programs, a private funder has initiated a challenge grant to support planning and development of new sustainability materials and curriculum. Omega will receive one dollar for every new or increased gift dollar designated for this program, up to \$100,000.

OCSL Capital Campaign Moves Closer to Its Goal

Omega has reached \$2.6 million toward the \$3.2 million capital campaign goal for the Omega Center for Sustainable Living. We are grateful for the many generous gifts we have received and are proud to be the recipient of a \$250,000 grant from the Dormitory Authority of the State of New York. This is the state’s first direct funding grant to Omega and helped to offset costs associated with the construction of the OCSL.





The Women's Institute Evolves

For more than three decades, Omega has offered innovative opportunities for women. In 2002, we created the acclaimed Women & Power conference series featuring women change agents from around the globe. The inspiration and creativity generated at these conferences resulted in the creation of the Women's Institute at Omega in 2005. At this year's Women & Power conference, we announced a major growth opportunity for the Women's Institute that will culminate in the launch of the Omega Women's Leadership Center (OWLC) during the 2012 Women and Power Conference, September 21–23.

The Omega Women's Leadership Center (OWLC) is dedicated to Omega's bedrock belief that women's leadership can and will change the world for the better. Women who speak from their own voice, who trust the validity of their experience, and who exercise power "from the inside out," will be important agents of change in the 21st century. Their leadership is essential to creating a sustainable society that nurtures mutual relationships, healthy families and communities, and a peaceful and just world. With funding of \$9 million already committed and an advisory council being formed of some of the top women leaders in their fields, the OWLC will be a unique place where diverse communities of women—leaders, activists, students, professionals, artists, mothers, spiritual seekers, and social visionaries—can come together to create a more integrated and impactful social movement.

The Women's Institute Presents During The Women's Conference® & the Launch of TEDWomen

At The Women's Conference® organized by Maria Shriver in Long Beach, California, in October, Omega cofounder Elizabeth Lesser delivered a keynote address and conducted an interview with Sally Field. The event included talks from First Lady Michelle Obama, Supreme Court Justice Ruth Ginsberg, and former Supreme Court Justice Sandra Day O'Connor. Lesser was also a featured speaker during the launch of the groundbreaking TedWomen Conference in Washington, DC, in December.



Artists From Around the Globe—A Women's Cartoon Exhibition

Women & Power Conference Inspires Hundreds to "Be the Leaders We Have Been Waiting For"

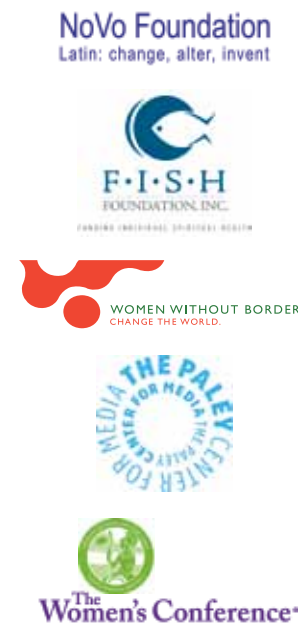
More than 400 people participated in this year's conference, Women & Power: Our Time to Lead, including groups of students from Kean College, SUNY Stonybrook, and Vassar College. Scholarships were awarded to 120 students and community leaders. Inspiring speakers at this year's event included NASA scientist Mae Jemison; founder of Women for Women International Zainab Salbi; and *New York Times* op-ed columnist Gail Collins. The conference also featured the wonderful international exhibit "Artists From Around the Globe—A Women's Cartoon Exhibition," curated by *New Yorker* cartoonist Liza Donnelly.

The Women's Institute Travels to Rwanda

Carla Goldstein, director of the Women's Institute at Omega, and Edit Schlaffer, founder of Women Without Borders, attended the International Forum on the Role of Leadership In Gender Equality and Women's Empowerment in Kigali, Rwanda, on May 17–18, 2010. The event was designed to share the largely untold story of how Rwanda has worked to overcome its recent history of genocide and become a global leader in advancing gender equality. It is the first country to have women in the majority of its parliament, with a total of 56% women parliamentarians, the highest percent in the world.

"On our first day in Kigali," says Carla Goldstein, "we went to the One Million Women March For A Better Future. The biggest surprise was that close to half of the participants were men cheering in solidarity with women. When I asked our male guide why the men are so supportive, he said that it is because the women have helped save the country and pull everything forward and the men are grateful!"

Special thanks to the following organizations for their support of Women & Power:



leading edge programs for more than 33 years



Celebrating 25 Years—Thank You Teachers!

A number of teachers reached their 25th anniversary at Omega in 2010, including philosopher and tai ji master Chungliang Al Huang, provocative thinker and lecturer Sam Keen, empowerment experts Gail Straub and David Gershon, psychologist Terry Hunt, educator and member of Sweet Honey in the Rock Ysaye M. Barnwell, massage therapist Jeff Levin, and Omega's favorite play-philosopher Joe Killian. We thank them for sharing 25 years of extraordinary teaching!

Nurturing Indigenous Traditions

The International Council of Thirteen Indigenous Grandmothers modeled wise and timeless leadership for the sake of the next seven generations and the fate of the earth itself during their weeklong retreat in October. This was the Grandmothers' second appearance at Omega. Nearly 200 people gathered to pray to stop war, ease environmental degradation, and address social ills.

Teaching Mindfulness Across the Spectrum—From Kindergartners to Professionals

Omega has been offering workshops in mindfulness for nearly 30 years. In 2010, we held 16 mindfulness programs, including Jon Kabat-Zinn and Saki F. Santorelli's Mindfulness-Based Stress Reduction in Mind-Body Medicine, a 7-day professional training held on our Rhinebeck campus as well as at the Mount Madonna Center in Watsonville, California. Jon Kabat-Zinn was also part of our popular Mindfulness & Education Conference together with Dan Siegel, Linda Lantieri, Daniel Rechtschaffen, and other talented teachers. The conference offered educators practical techniques for teaching mindfulness in grades K-12, and also provided instruction for teachers, administrators, child-care providers, family therapists, and parents in cultivating their own mindfulness practice. Conference support was generously provided by the F.I.S.H. Foundation.



Veterans Retreat Provides a Path to Healing

In 2010, we held our fourth annual veterans retreat, which provided vital stress management tools to nearly 100 veterans and their families. Led by Vietnam war veteran and author of *At Hell's Gate*, Claude AnShin Thomas, participants practiced many different forms of meditation as a path to healing.

"I have a long history and relationship with the Omega Institute. It has been a privilege to have had their support when I started working with the topic of my service in Vietnam, and now to have been invited to lead retreats that offer healing and support for veterans on their campus," says Thomas.

We are deeply grateful to Claude AnShin Thomas for the work he does and are proud to provide nearly full scholarship support for this retreat.

Family Fun at Omega

Since 1984, Omega has hosted the wonderfully jubilant time we call Family Week. This is the week Omega staff look forward to all year because it means chocolate milk in the Dining Hall! Family Week offers parents and kids time together and time apart so everyone can have fun, learn, explore, and make new friends. Each year veteran Family Weekers are joined by new families and teachers. In 2010, former *Newsweek* artist and journalist Karl Gude, a longtime participant in Family Week, joined the faculty to teach grown-ups how to make picture books that express their inner thoughts and feelings.

Omega Meets Continued Demand for Quality Yoga Programs

Omega has been striving to meet an ever increasing demand for quality yoga programs. This year, we offered 45 yoga workshops in a wide variety of styles, up from fewer than 30 programs 10 years ago. Relocated from urban locations for the first time this year, the new Rhinebeck campus setting for our Being Yoga Conference Retreat brought a 55% increase in guests over 2009. Supported by the beautiful natural setting of campus, vegetarian meals, and Omega's community, participants explored the potential of yoga to transform their lives.

leading edge programs for more than 33 years



Welcoming New Teachers & Programs

In 2010, we welcomed many new teachers to Omega. Nassim Haremein, founder and director of research at the Resonance Project Foundation, lead a 3-day workshop in the dynamics of interconnectivity and its potential to solve the most pressing issues facing us today. Contemporary spiritual master Panache Desai taught participants to uncover their soul's true purpose and their destined role in our current times. Joel Fuhrman shared the principles and strategies of nutritional medicine to help remove food cravings, eliminate overeating, and conquer food addictions, the contributing factors to many chronic health conditions. Also new to campus this year was Shauna M. Ries, who lead the Mediators Without Borders® Mediation & Conflict Resolution Training to provide new mediators with the skills necessary to negotiate real

solutions more cost effectively and in less time than the traditional legal system.

We also introduced a number of new programs this year. To help continue building our growing categories of mindfulness and yoga, Daniel Rechtschaffen and Jennifer Cohen lead a successful Mindfulness & Yoga for Children Teacher Training to teach educators, parents, and childcare providers the practical tools necessary to bring the benefits of mindfulness and yoga to children in grades K–12. Another success was Soul Connections: Exploring Spirit Guidance & Soul Strategies with John Holland, Colette Baron-Reid, Robert Ohotto, and Danielle MacKinnon, where participants learned new tools to manage the myriad of life choices. We also held a timely Social Media Training with Chase Evans, Bryan Welfel, Mary Ann Brussat, and Stefan Day to help participants create Facebook and Twitter accounts and set up blogs on Wordpress.

Bringing More In-Depth Professional Trainings to Omega

Omega's programming department is always working to maintain the breadth of Omega's offerings while deepening the areas where we already have strength. One of our strengths is professional trainings. In 2010, we brainstormed with several longtime teachers to identify how to bring the teachings they're most passionate about into the world. Our conversation began with John Perkins and Llyn Roberts, who told us that their students were consistently asking for an apprenticeship program. We partnered with John and Llyn to bring Master Healer & Shapeshifter Apprenticeship, a two-part professional certification training to Omega in 2010 and 2011.

Our dialogue with John and Llyn inspired us to talk with other longtime teachers and led to two more multi-year professional



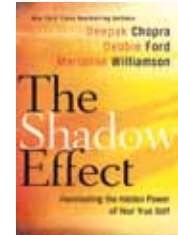
Deepak Chopra



Debbie Ford



Marianne Williamson



More than 1,800 people gathered to take part in two Omega NYC conference programs.

trainings that began in 2010: Joan Borysenko and Gordon Dveirin's Soul Care in Health Care®, a two-part certificate program for health professionals, and Biff Mithoefer and Kaline Alayna Kelly's Yin Yoga Teacher Training Parts 1 & 2.

In total, 50 professional trainings were offered this year, including Donna Eden and David Feinstein's popular Energy Medicine 5-Day Basic Training and David Life and Sharon Gannon's Jivamukti Yoga® Teacher Training, which grew to 110 participants this year. We are thrilled to help bring these valuable professional trainings to a wide audience.

Taking Omega to New York City

More than 1,800 people gathered to take part in two Omega NYC conference programs. During Omega NYC: A Time for Renewal, participants chose one of six in-depth workshops taught by nine extraordinary teachers: Byron Katie, Debbie Ford, Harville Hendrix and Helen LaKelly Hunt, Donna Eden and David Feinstein, Sonia Choquette, and Michael Bernard Beckwith and Rickie Byars Beckwith. The second program, The Gifts of Buddhist & Western Psychology, ran simultaneously and featured three of the West's most prominent Buddhist teachers, Jack Kornfield, Tara Brach, and Mark Epstein.

Omega was pleased to host another New York evening at the Manhattan Center with Deepak Chopra, Debbie Ford, and Marianne Williamson to celebrate the launch of their book, *The Shadow Effect: Illuminating the Power of Your True Self*. More than 700 people attended and 4,000 more streamed the event at Liiv.com.



Eckhart Tolle



Ram Dass



Krishna Das

As part of Omega's growing urban presence, we were media partners to the New York City events Living in Presence: An Evening with Eckhart Tolle, and Celebrate Be Love Now with Ram Dass and Krishna Das.



"It's hard to quantify just why Omega is so special....It's one of those rare places where body, mind, and soul can truly come together for myself as well as my students. I look forward to being part of the ongoing journey."
—John Holland, author

Omega Rest & Rejuvenation Retreats Provide Respite to an Increasing Number of Participants

R&R Retreat guests continue to escape the pressures of daily life, rest, and reconnect with nature on our beautiful 195-acre campus. In 2010, the number of guests enjoying Omega's R&R Retreats nearly doubled from the number we served just five years ago. In addition to classes exclusive to R&R Retreat participants, daily open classes in yoga, tai chi, meditation, and movement have played an essential part in the growth and success of the retreats and are now a strongly emphasized part of the program. eOmega.org/rest

Hermitage Residents Support Omega's Learning Community

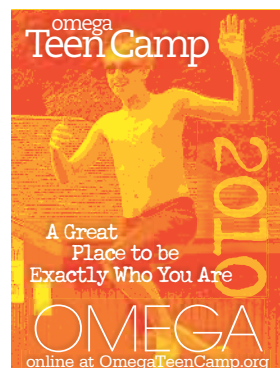
Omega's Hermitage offers spiritual teachers the opportunity to deepen their practice in a retreat-like setting. In return, Hermitage guests deliver talks to help the Omega community deepen their own spiritual growth. In 2010, we welcomed sound healer Nina Spiro and American Buddhist nun Pema Chödrön. Other Hermitage residents this year included Omega's first former Seasonal Staff member to stay at the Hermitage, Emmy Award-winner Krista Vernoff.

Omega FoodWorks Receives Accolades

Omega FoodWorks is proud to be certified as a 3-star restaurant by the Green Restaurant Association. FoodWorks also received three awards this year for their partnership with Abilities First, an organization dedicated to enriching the lives of people with disabilities. With the help of Omega's Seasonal Staff and members of the Abilities First kitchen staffing program, the Omega FoodWorks learning kitchen successfully served more than 300,000 delicious vegetarian meals in 2010. Omega FoodWorks also was featured in an *Edible Hudson Valley* magazine cover story, which included a four page article about their high quality food service and commitment to sustainability.



Omega Teen Camp Hosts Refugee Students



Omega Teen Camp's popularity continued in 2010. In addition to four traditional camp weeks, teens enjoyed newly created weeklong intensives in yoga, local food and cooking, and arts and crafts. Teenagers from around the world—including 17 African refugee students from South Burlington, Vermont—were thrilled to discover a more joyful, honest, and authentic way of being during their time at Omega Teen Camp this year. OmegaTeenCamp.org

Staff Programs Nurture Seasonal Staff & Inspire Compassion in Action

This year's Seasonal Staff programs offered up to 90 classes each week, including yoga, art, tai chi, dance, energy healing, meditation, permaculture, and more. These classes are essential to nurturing and educating Omega's Seasonal Staff and providing them with the inspiration to continue their practice of compassionate service. Some of the classes were taught by Omega catalog faculty, including James Philip, Rachel Fleischman, and Toni Bergins, who all got their start teaching for Seasonal Staff programs.

Two Full Season Guilds were held this year as well. The Peace Guild worked in collaboration with the Cambodian AIDS Project to offer distant Reiki healing to those suffering with HIV, and the Art Guild practiced classical drawing and painting techniques. Seasonal Staff members also increased their skills and self-knowledge in three certification trainings: Reiki Levels 1, 2, & Master; Integrated Energy Therapy® Levels 1 & 2; and Oneness Blessing (Deeksha) Giver Certification.

Omega Wellness Center Services Continue to Grow

The Omega Wellness Center's outreach to Rhinebeck campus participants continues to yield greater interest in treatments that serve to balance mind and body. In numbers that have grown steadily since 2007, participants are experiencing the more than 40 wellness treatments designed to support overall health and well-being. Services include deep tissue and therapeutic massage, facials, intuitive guidance, and energy work. eOmega.org/wellness

Service Week Welcomes 29 Nonprofit Organizations



Omega hosted our sixth annual Service Week with nearly 400 staff and board members from 29 nonprofit organizations. Service Week is one of our most cherished programs and creates the opportunity for Omega to serve those who serve others. This year, in addition to support provided by a generous individual funder, we are grateful to the Dyson Foundation for a \$25,000 grant to support Hudson Valley organizations attending Service Week, including Sustainable Hudson Valley, Newburgh Performing Arts Academy, and Hudson River Housing.

2nd annual benefit & omega circle gatherings

Throughout the year, Omega's community of support gathered for joyous opportunities to reconnect, share, and be inspired.



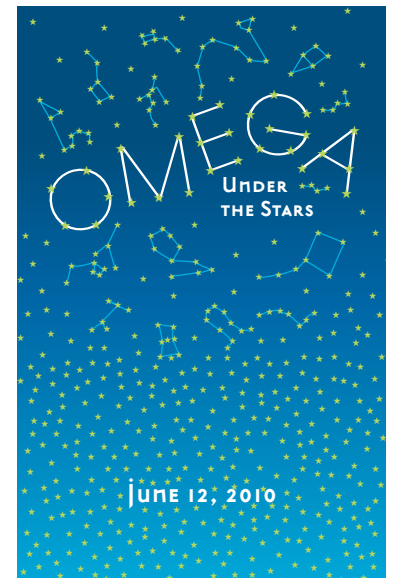
Bar Scott

Omega Under the Stars • Creating a Community Tradition

On Saturday, June 12, 2010, Omega welcomed old and new friends to its Second Annual Benefit Celebration, Omega Under the Stars. Omega is grateful to board member Patty Goodwin, who served as an inspirational benefit chair, and to each member of our Benefit Advisory Committee.

The event began beneath an open-air tent, where Omega Wellness providers offered complimentary massage, tarot, and astrology sessions to guests. Local farms helped supply a delicious, sustainable dinner to accompany festive music from Tollywood Allstars and Bar Scott, who joined Omega cofounder Elizabeth Lesser to weave a moving, storytelling performance. The evening was punctuated with inspirational keynotes, including talks from Omega leadership and Omega yoga faculty member and activist Seane Corn.

Omega Under the Stars raised more than \$80,000 in support of our mission and solidified the Annual Benefit Celebration as a community tradition where friends of Omega can reconnect each year and celebrate awakening the human spirit.



Omega Circle Gatherings

Throughout the year, Omega's community of support gathered for joyous opportunities to reconnect, share, and be inspired on our Rhinebeck campus and at urban venues:

- Omega NYC at the Sheraton New York Hotel & Towers was a great occasion to welcome Omega faculty and friends to join in a private reception and attend the conference's opening program.
- The Women's Institute at Omega welcomed hundreds of supporters to a special reception in the Ram Dass Library during the Women & Power Conference. Scholarship recipients shared meaningful stories of their journeys, joined by Omega cofounder Elizabeth Lesser.
- The annual Stewardship Council Dinner gathered supportive individuals passionate to help steward Omega's vision for the future.

We invite supportive friends to join in these and other opportunities to learn more about Omega and our plans for the future.



Facebook



Online Catalog

Follow Us on Facebook

In April, Omega officially launched a Facebook page and joined the social media movement. We saw rapid growth in friends following our page, where they viewed and commented on our posts, photos, and videos about workshops, Omega staff events, and inspiring educational content. One of our most popular posts was a moving video of Deepak Chopra speaking about true sustainability. Friends also followed specific Omega events, like Being Yoga, letting them share in Omega's community long before they arrived on campus.



Chopra



Being Yoga

Omega's First Online Catalog: A Big Step Toward More Sustainable Marketing

In October, Omega posted our first online catalog. We were thrilled to take this important step toward more sustainably marketing our conferences, retreats, and workshops. Participants can now enjoy the user experience of the full-color electronic catalog, including page turning, zoom, and search capabilities. The catalog was posted on both our website and Facebook page.

Four New Microsites Help Participants Get the Information They Need

In 2010, Omega launched four exciting microsites—self-contained websites that live within eOmega.org. The vibrantly designed Omega Costa Rica (eOmega.org/winter) and Omega NYC (eOmega.org/nyc) microsites give potential participants all the information they need to register and plan the details of their stay. The educational Omega Center for Sustainable Living (OCSL) (eOmega.org/ocsl) microsite is an essential resource for understanding the greenest building in America and includes a popular photo gallery of the building's construction. And, the 2010 Women & Power Conference microsite (eOmega.org/wi-power) featured educational and inspiring videos of keynote speeches, as well as complete conference information.



Omega Deepens Relationships With Leading Local Organizations

Omega continued to grow its connection with the local community by deepening relationships with other leading organizations, including the Northern Dutchess Alliance, the Rhinebeck Area Chamber of Commerce, the Dutchess County Regional Chamber of Commerce, Dutchess County Tourism (an affiliate of I LOVE NY), and the Dutchess County Economic Development Corporation. This year, we also gave presentations about Omega to the Rhinebeck Historical Society and the Hyde Park Rotary Club.

Creative Services Gives Omega a Fresh Look

In 2010, Omega formed a Creative Services department to oversee and enhance the look and feel of Omega's brand across all mediums. The department has created more user-friendly environments and easy-to-follow signs for our participants on campus and at off-site events. Guests of our second annual benefit, Omega Under the Stars, were treated to a beautiful star-studded event thanks to their creative design. Their work also can be seen in all our web initiatives, including Omega's new Facebook page, first online catalog, and newly launched microsites, as well as our print materials, including Omega's catalog and annual report.

"Omega is...truly dedicated to the awakening of humans to their highest potential...For a large and successful operation to hold values of healing and heart over a more mechanized and purely profit based approach is what makes the programs themselves vehicles for transformation."

—Tara Brach,
Buddhist meditation teacher



thank you



“Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born.”

—Anaïs Nin

Thank You for Supporting Omega's Mission

We acknowledge the deeply meaningful support of generous funders who have contributed to Omega's mission between January 1, 2010, and December 31, 2010. Through these important contributions, Omega is able to support operations, present programs, improve facilities, provide scholarships, and catalyze initiatives that inspire personal growth and mindful action. Generous support creates change, shapes lives, and has direct impact on our mission to bring hope and healing to individuals and society in a more balanced and sustainable world.

Omega Gratefully Acknowledges Our Sponsors & Media Partners

Corporate Sponsors of \$2,500 or more

Numi Tea
Promindful, Inc.
Eileen Fisher
Jade Yoga
YOGAaccessories.com
EarthLite
Eco Geeks/Oxy-Prime
Cranial Solutions

Media Partners

Shambhala Sun
Jade Yoga
Himalayan Institute
51% WAMC
Women's eNews
feminist.com
feministing.com
World Pulse

The Omega Circle

Visionary \$5,000 and up

Dormitory Authority of the State of New York
Sarah Peter

Candy & David Orlinsky
Nurith Spector-Shamis

Dyson Foundation
F.I.S.H. Foundation
NOK Foundation, Inc.

The Dietrich Foundation Inc./ Daniel Dietrich
Eileen Fisher Foundation
Rita Jackaway Freedman
Gary & Marian Krauthamer
Melissa Motz
NoVo Foundation

Numi Tea
Promindful, Inc./ Alex G. Nason
United Breast Cancer Foundation

Melanie Ellison
Jade Yoga
Patty Goodwin
Roy A. Hunt Foundation/
Terry Hunt

Tom Kearns
Sheryl Lamb
Renee Martin-Nagle
J.M. McDonald Foundation
Erin and Kevin Moore
Jennifer Thayer Naylor
Frederick & Greta Smiley Charitable Foundation/
Henry C. & Phyllis Beinstein
Brian and Carole K. Weiss
YOGAaccessories.com
Anonymous (2)

Benefactor \$2,500 - \$4,999

Robert "Skip" Backus
Melanie Barba
Cranial Solutions
EarthLite
EcoGeeks
Melissa L. Elstein & Eric Katzman
Shari Greenleaf
Gale Hoffman
Marshall & Sterling Inc.

Patron \$1,000 - \$2,499

ABC Foundation/ John T. Compton
Staci Abel
Mark Aronchick
George A. Bay
Joan S. Blaine
Bolton-St. Johns LLC
Shelby Broughton & Nada Conway
Brett Cobb
Richard & Kathy Conroy
Patty Cook
David Elsbree
Gordon Foundation, Inc.

Carla Goldstein & Nathaniel Charny
Stacey Gregg
Harville Hendrix
George W. & Helen Kaufman
Dr. Eamon & Margaret Kelly

Joe & Jenny Lee Killian
Sharon Koshy
Diane Kremer
Elizabeth Lesser
Richard Madlener
Miriam MacCormack
Anne-Marie Mallon
Donna McKenna
Genevieve Plamondon
Michael Plewa
Kathy Quinn
Stephan Rechtschaffen
Robert & Christine Stiller
Deb Talbot
Andrea Topp
Meredith Wiley
Anonymous (2)

Partner \$500 - \$999

Susan B. Apollon
Ann G. Ash
Dr. Raymond J.M. Atkinson
Michele & Ricardo Bertran
Andrea Billhardt
Cynthia Black
Marilyn T. Clements
Connie Cohen
Cranial Solutions
Belinda Davis
Fran DeAngelis
Darianne Elliott
Ruth Eng
Dr. William LeBoeuf & Dr. Sarah J. Fernsler
Vicki L. Fox/
Women of Intention
Michael & Joy Goldstein
Julie Harris
Carl R. Hildebrand
Ida Hudson
Jon & Myla Kabat-Zinn
Sherry & Stewart Kahn
Joel & Melanie Levitan
Jill Markowitz
Laura J. McWilliams
Lynn McLure

thank you

Meyers Foundation/
Susan Meyers Falk
Suzanne V. Moffat &
Walter J. Striedieck
Vincenza Mueller
of the Culinary
Institute of America
Irene Naorlevich
June P. Jackson
Janet O'Brien
George Philip &
Monique Schobert
Lorraine Rodgers
Ann Rothenberg
Mary C. Rower
Sharon C. Smith
M. Trika Smith-Burke
Sonya Shoptaugh
Claude Stein/The
Natural Singer
Walter Stugis,
Institute for
Nonprofit
Excellence
Carl and Susan Taylor
Hartley & Benson
Webster
Westchester Hudson
Coat Apron Towel
and Linen Supply
Sandy & Brenda
Williams/
Williams Lumber &
Home Centers
Anonymous (2)

Friends of Omega

Supporter \$250 - \$499

Marietta Amit
Gina M. Amster
Kimberley L. Berlin
Bottini Fuel
Rebecca Brown
Ann Marie Capuzzi
The Chazen
Companies
Helen M. Churko
Gerry Cohee &
Jane Nitsch
Bernice Coleman
Lee & Nancy Corbin
Jane Crafter &
Sandra Herr
Wendy J. Daly
Edna and Ken Davie
Karen Dorfman
Victoria & Joseph M.
Douglas
Annette S. Dykema
Empowerment
Institute
Feather Ridge Farm,
Inc.
Karen A. Fitzgerald
Jeffrey H. Frank
John J. Gallagher
Jan Hackman
Blynn L. Hamilton
Susan Huberth
in memory of
Harry Huberth
Maria Iager
Jane's Ice Cream
Vera & Joel Kaplan
Stephen R. Kern
Linda Kester
Leyla Khosrowshahi
Elaine & Hank Koelmel
Mim Kohn
Kate Kopp

Patricia S. Larkin
Kathleen Laucius
Mira & Andrzej
Lechowicz
Nancy Lee
Vera Lindabury
Walter Link
Constance Little
Little Seed Farm
Tom Lumpkin
Phil Malloy
Markristo Farm
James McAllister
Dora Medrano
Fred Miller &
The Kaleel Jamison
Consulting Group
Dr. Barnett & Marcia
Miller
Judy R. Minor
Sarah Morrison
Jessica A. Murphy
Tom Nelson
Yvonne E. Noel, MD
Patricia O'Connor
Old Saw Mill Farm,
LLC.
Terri Parks
Robbie L. Patterson
Pine Hill Trailways
Quattro's Game Farm
& Store
Lisa Pollard
Red Barn Produce
Karen Reynolds
Amy Richards
Greg Rills
Kathy Lynn Roemer
in honor of
Alma E. Boyer &
Mildred C. Roemer
Victoria Sanders
Lauren Sanger
Schneider Family
Foundation
Robert Schwartz, CPA
Martha & Ron Subber
Linda Sussman

Timely Signs of
Kingston, Inc.
Dara & James Tomeo
Julie Volkmann
Gerda Von Der
Oelsnitz
Cari Weisberg
Sharon Whiteley
Ashley & Charles Wile
Kathleen Wisdom
Lynn Wise
Anonymous (1)

Associate \$125 - \$249

Carolynn Anklam
Imani Ansari
Becky Austill-Clausen
& Jeff Clausen
Suzanne Avery
Jeffrey D. Ball
Peter Barlow
Benson Steel
Fabricators
Martin Berger
Judy Bernstein
Marcia S. Bernstein
Kathi R. Bethea
Joyce Beymer
Elise Bialylew
Adrienne J.
Blenderman
Anne R. Bradshaw
Roberta & Michael
Brenner
Dr. Laurie C. Brewer
Ralph & Beverly Brock
Jerry F. Brown
Ed Brylczyk
Ellen Campbell
Jane Caplanides
Jill Caro
Dan C. Carroll
Jules & Parvati Cohen
Michael L. Collins
Debera Collins
Michael Cornman
Cheryl Corson

Gloria A. Cuomo
Myron P. Curzan
Patricia Daggy
Deirdre D'Aquila
Sandra E. Davis
Alan Davis
Kathy T. Denehy
Nancy Dotlo
Teresa A. Duffy
Candace Dwan
Judi Ekholm
Kate & Scott Elliott
Camille Elliott
in memory of
Harold & Rosalind
Butterfield
Helga Feder
Andrew Finkel
Alan C. Fitts
Suzanne Fleming
Laura Forbes
Debbie S. Freedman
Mary & Harvey
Freeman
Anthony L. Garrett
Teri Gatarz
Suzanne George
Kelly Goehler
Joan Marlow Golan
Karen & Herb
Goodheart
Graphic Art Service/
Richard Deon
Carol J. Greenberg
Rebecca Hines
Arthur Hurwitz
Frank Indelicato
Jim Jaffe
Jill Jaynes in memory
of Mary Aye Collins
Susan B. Jones
Albert Jordan
Regina Kallick
David A. Kandel
Julie Kashen
Lisa Kauffman
Carol S. Kaufmann
Elizabeth Kearns

Kay Keegan
Meg Kilgore
Madeline Kleiner
Kristan J. Kostur
Cheryl Kurash &
Jonathan Schau
Patricia & Samuel
Lacina
Colleen Ladelia
Brenda Landrum
Beverly La Rock
Raima Larter
Lynda M. Leavitt
Jack S. Lehnert
Paula Lightkap
Loren D. Lillis
Gerard Lioi
Carol Look
Andrew Maffei
Trish Magyari
Juliet Marciano, MD
James Markham
Jill & Richard Maunder
Jacquelyn Mayfield
Verne McArthur
Troy McDougald
Monica McRann
Walter Mickleburgh
Lucy Mooney
Jillian Moul
in honor of
Claude AnShin
Thomas and the
veterans of America
Michael Murphy
Fay Nelson &
Tom Nelson
Karyn O'Beirne
Karen O'Connor
William Owens
Brian & Theta Pattison
Molly Peter
Rodney & Geri
Plimpton
Nancy Plumer
David R. Pryor
Ellen Reinstatler

Jillian Robinson
Elizabeth Rose
Frank and Devote
Ryan
Karen Sadowski
Nathalie Salazar-
Martin
Timothy & Khaleida
Sallade
Kathryn C. Sanderson
Ann Marie Scalia
Carol Schnall
Paula Schooler
David M. Schwartz
Dianne Scott
Linda B. Selwood
Lester S. Silver
Francine Smilen
Elena Spier
Deloris Starling
Steve Stein
Steven J. Strumwasser
Tara Sullivan
Randall & Marianne S.
Sutin
Kurt & Juliette Swartz
Melissa Swenning
Jerry Talerico
Francis Tarantino
Delia Tarlea
Carol Tokar
Willem Van der Vorm
Kevin Wadalavage
Steven Waldman
Steven A. Weiss
Charle F. Wellons
Moni & John Wesner
Barbara Wheeler
Ronald D. Whitmont,
MD &
Amy M. Novatt, MD
Mark Wilson
Kelly Wypych
Rebecca York, DC
Anonymous (4)

Member \$75 - \$124

Karen & Michael
Achenbach
David Aftergood, MD
Sho Albert
Toni Aliskowitz
Jai Amrod
Peggy Apgar-Schmidt
Andrew Arthur
Deborah T. Ashford
Sabah Ashraf
Magda C. Auerbach
Roswitha Augusta
Stacey Avidane
Ayco Charitable
Foundation/
Mr. & Mrs. C.H. Lyon
Mary Ann Bacher
Ajit Bakare
Kimba Baker
William Banks
Teny Bannick
Elizabeth Barbera
Maureen Barlow
Frances Barmann
Jennifer Barocas
Richard Bass
Jonathan Bates
Allan S. Bazzoli
Diana Beck
Halle E. Becker
Carl S. Becker
Vicki Beilharz
Sylvia Beitscher
Sierra Bender
Marian S. Berelowitz
Michael Berg
D.A. Bernstein
Nathan Berolzheimer
Monica Biondi
Judith A. Black
Charlene E. Bloedorn
Pat Blumenthal
Carol Booth
Ivy Booth
Ann Marie & Marco
Borghese

Barry Bort
Eran Bosaz
Rachel A. Boucher
Allison J. Boyd
Philip Brady
Jon Braverman
Jan Briski
Jacqueline Brodnitzki
Marie A. Brooks
Cynthia Brown
Harriet Brown
Sandra Bruckman
Marylou Burke
Barry Burke
Anne Burling
Deborah Burns
Tony Campbell
Tanya & Justin Carlson
in honor of Renee
Martin-Nagle
Richard A. Carlton
Julie Carran
Julie A. Carter
Drs. Robert & Beata
Casanas
Mary Caufield
Jim Caufield
Alain Charise
Hannelore R.
Christensen
Walter J. Ciecko
Carl J. Cipolone
Clarence Cleer
Audrey Clymer
Lynn S. Cohen
Diana Cohen
Elaine Colandrea &
Erik Kiviat
Grace Colaneri
Lisa Colchete
Ann Cole
Laurel Conger
Amanda Conklin
Karen Costello
Everett Cox
Nancy Crace
Ruth Crump & Steve
Pollack

Susan DaFonseca
Debra Damelio
Sheila A. Dauer
Barbara Daversa
Elaine Daw
Krystyna De Jacq
Sophia & Anthony De
Monte
Meg Dellenbaugh
Sandra Dempsey
Richard Deon
Diana Dial
Jon Diaz
Mame Dimock
Frank Donovan
Judith Duvall
Marilyn Eanet
Martin Ehrlich
Marti Elliott
Pamela Emigh-
Murphy
Deborah Enrich
Karyn Erickson
Dr. Thomas &
Catherine Errico
Elizabeth F. Fales
Stephanie Filardi
Nian Fish
Robert Fisher
Jody Fitts
John Fitzpatrick
Nancy Fletcher
E. Aracelis Francis
Norma Franco
Dawn & Larry
Freedman
Nina Freedman
Thomas H. Frenna
Michelle Friedman
Sal Gagliano
Norman Galinsky
Walter & Hollie
Galloway
Ramesh Gaonkar
Liliana Geldmacher
Gayle Gellis
Angelo & Karen
Giordano

thank you

Robin Glaser	Leticia Juarez	Joann Margolis	Mae Pagan	Lisa Savitt & Mike Phillips in honor of Renee Martin-Nagle's Graduation with LLM	Dolla Toppin	Contributor \$35 - \$74	Virginia Gajar	Victoria's Touch a Life/ Victoria Proctor	Omega Legacy Society
Earl Glusac	James Kelly & Anne C. Kane	Sarah R. Mars	Robert Pal	Josephine Scalia	Celeste Trahan	Suzanne Austin	Letitia Gardner	Mauricio Quintero	Cindy & Hugh Beckman
Elizabeth Goldston	Susan Katz	Maura Martin	Donald A. Papa	Carlin W. Scherer	Linda Trinkle	Pamela L. Azarelo	Kathleen Gillen	Alpha Reed	Sherry Berman
Terri & Larry Gordon	Maria Kauffman	Kelly Mason	Vicki Parker	Kathi Schmieder	Ann Marie Trotta	Carmentxu Balmaseda	Jan Girard	Ellen Hughey Reynolds	Susan Rubin Block & Donald Block
Maria Grabiell	Barrie Kaufman	Gregg Mayer	Camdin Parker	Lynne Schorling	Teresa Tsalaky	Judith Barrett Johnson	Suzu Goodelman	Sylvain Rheault	Bill F. Karl & Diane M. Harris
Jo-Anne K. Graham	Laura D. Kavanagh	Mary Jo Mazzolini	Clare Parmalee	Eric Schroeder	Mary Jane Uhl	Richard Baruc	Regina F. Gordon	Susan Roberts	Elaine & Hank Koelmel
Eileen Graves	Mary Kaye	Kristin McCants	Jennifer Pasternack	Alessandra Scornaienchi	Ellen Valladares	Gloria Battista	Terry Goss	Raven W. Rudnitsky	R. Kimball Leiser & Judy Marsh
Valerie Greene	Stacey Kennealy	Catherine McAndrews	Shireen Patell	Rita Scott Landy	Barbara Van Horn	Stan & Jessie Beyderman	Maureen Goss	Gardner Rust	Walter Mickleburgh
Robin Griffin	Penny Kennedy	Marygrace McCaffrey	Barbara Peklo	SDialogue, LLC	Betsy Vance	Gene Blumberg	Audra Greene	Laura Scherman	Betty Anne Schwane
James Gronemeyer	Kathy Kergaravat	Noreen McCrohan	Catherine Perry	Harry Shapiro	Karen Velardi	Daniel P. Bork	Katrin Haldeman	Karen Schofield	
Paula Groothuis	Kathy Kershaw	Elizabeth A. McKeon	Barbara J. Petratos	Harriet Sharaf	Nancy Vest	Kathleen Brennan	Karen V. Henderson	Patricia Scott	
Barbara T. Grossbaum	Leslie Kershaw	Shari McNulty	Joe M. Phillips	Sabrina Shulman	Dorothy D. Vincent	Catherine Brooks	Barbara E. Hines	Michele Serro	
Linda Grossman	Ran Kim	Martha Merriwether	Soli Pierce	June Sidman	Karena Virginia	Leonard Brown	Susan Holgate	Alix Shafer & Denis Duman	
Ruth Gubernick	Rick A. Kinder	Linda Meyers	Meri Pifko	Merrill Sidman	Gabriella Virginia	Dominick Cafuoco	Gina Hyams	Anne Siegelau	
Monica Hackett	Janice Kinney	Joe Mignogna	Sharon E. Pillersdorf	Arthur Silverman & Aurora Ocampo	Amani Vlastic	Dan Chayefsky	Lorraine Jaysura	Kim & Bruce Silverman	
Stephen Hagar	Pat G. Kirkpatrick	Michael D. Minard	Carol Polo	Nina Simons	Connie Kerr Vogt	Cookie Cook	Judith Kalina	Alessandra Small	
Carol Hall	Lisa Kleger	Meryem Minbay	Pascale Poussart	Jeri R. Slater	Karl Volk	Michael H. Corpuel	Kate Kavanagh	Jessica Smochek	
David Hamilton	William Klein	Thomas Monteith	Sara Quay	Marsha Sloan	Loretta J. Wahl	Dawn Curtis	Tamsin Kilgannon	Marilyn St John	
Barbara S. Hancock	Francine Kerner Klein & Michael Klein	Deborah Moshier-Dunn & Michael Dunn	Quiet Conversations	Nelly Smirnow	Lynne-Ann K. Walsh	Jonnique Dale	Brigitte Killion	Eve C. Stahlberger	
Diane M. Harris	Cynthia Knapp Dlugosz	Mother Tongue Music	James Quiggle	Robert Smith	Kate Walter	Catherine Daly	John R. Klug	Wendy Steginsky	
Dr. Kenneth & Judy Harris	Aziz Kommel	Tom Monteer in honor of Renee Martin-Nagle	Judy Reichler	Margaret Smith	Susan H. Walzer	Wenda L. Davis	Alisa Kogan	Valerie Steiger	
Siouxzanne Harris	Karen Kortsch	Linda Muller	Nadine Revheim	Shane Snowdon	Judy M. Ward	Diane DeMuth	Eileen Kruhm	Laura Stone	
Michael Harris	Sheila Kryl	Randi Mundi	Michael Richardson	John & Sue Sorensen	Karl & Lisa JG Weikel	Patricia Denardo	Michele Lagamba Himmel	Bruce K. Storms	
Chris Hart	Carole L. & Alan S. Kuritzky	Susan Murphy	Leo Robb	Marilyn E. Stewart	Sandra Weinberg	Nancy DeVita	Mary Landenberger	Bill Strickland	
Rose Hartman	Kathleen Lala	Cris L. Murray	Kristin Roberts	Kelly A. Stillwell	Tonya Wells	Linda F. Donaldson	Gregory Leach	Kelly Loiodice	
Patricia Hecht	Shiva Das Laporte	Nancy C. Murray	Janet Robertson	Lynne Stinson	Dianna Wentink	Sharon Downey	Yoshie Long	Karen M. Terry	
Jenna Herberger	Albert Lauritano	Robert E. Murtagh	Roxanne Robinson	Julie Stokes	Tanya Williams	John & Brooke Durland	Lisa Manderville	Margaret Tongue	
Ingrid C. Hickman	Judith Lavendar	Ellen Myers	Joe Rogoff	Susan M. Strassburger	Carol A. Williams	Maria Eberle	Sue Matherly	Kylah Torre	
Judith Hill	Rita L. Leccese	Robert Naccarato	Jayne Romero	Robert O. Strubel, RYT	Patricia E. & Robert L. Wilson	Iris E. Edmonds	Charles Mauter	Lee H. Twyman	
Alexandra F. Hill	Ron & Gail Leeser	Debra Nead	Ellen Rosenkrantz	Judith A. Swan	Barbara J. Wingate	Barbara Edwards	Lynne K. McLewin	Mark Vaughan	
Joanne Holland	Benita Lehmann	Madeleine Newkirk	Barbara Rosin	Todd Swenning	Lisa Wipplinger	George Edwards	Diane-Ellen McCarron	Linda Walford	
Dottie Howe	Margaret Lesniak	Tom Newton	Priscilla Ross	Marie Tartaglio	Shanti Wolf	Lynne Ellis	Susan McCarthy	Danielle Weisberg	
Alice Howes	Sally L. Lewis	Vera Nicimpaye	Phyllis Ross	Hilary A. Taub	Shailla Penelope Wood	Ruth A. & Paul Farley	Erin McCarthy	Elizabeth & Larry Weiss	
Katherine Hrabsky	Kurt Lichtmann	Pamela Normandeau	Bill Ruckman	Lisa Temoshok	Michelle Yacco	Robin Farrin	Veronica Miller	Ron Welch	
Rita Hubert	Marie E. Liddle	Rich Novatkoski	Eileen Ruml	Robert Thomson	Mary Yoder	Linda Fay in honor of Jim Lahey	Wynne Miller	Karen Wentz	
Tatiana Huguenin	Ann R. Livingston	Nilsa Ocasio	Gary L. Ruppert	Christy Thorne	Julie Zerbo	Ellyn Feldman	Aaron Murphy in honor of Maria Muscatello	Joan White	
Janet Hyman	Michele Lobianco	Leslie Beth Ogan	Josie Russo	Camille Tischler	Susanna Zilber	Satu Ferentz	Robin Newman	Bronwyn Wilcox	
Michael Jacobs	Sam Login	Grace Ogden	Ann Rutledge & Dan Hinckley	Ellen Tomasso	Lori Zudell	Anny Michelle Finnestad	Barbara Notash	Deborah Wilson	
Zahra Jamshed	Ann F. Lomeli	Arthur Oliveira	Lizbeth Ryan	Chris Tooker	Anonymous (8)	Janice Flores-Hamilton	Daisy Bernadette Parrilla	Nancy Wittenberg	
Margaret Janes	Patricia Lopez	Edward Orchant	Monica J. Sahn			Lesli D. Ford	Anne Pendergast	Edie T. Yentis	
Kristen Jemiolo	Trish Luberti	Julia Ortner	Christina Salgo			Maxine Foster	Jane Paetofsky & Kevin Adams	Sergey Yevelev	
Gayla Jewell	Dottie A. Madigan	Sharon Owens-Kabatek	Jill Samo			David P. Frasz	Patti Pierson	Julia York	
Gary & Nancy Johnson	Eileen Mahoney	Elizabeth Pagan	David G. Samuels			Laurie Friedli	Stephany Porter	Anonymous (8)	
Marie Johs	Patrice Maltas		Abigail Sandler						
Skip and Monica Jones	Jill Marcus		Elena Saris						

audited financial statement

Balance Sheet

Assets	2010 Totals	2009 Totals
Current Assets		
Cash and Cash Equivalents	\$1,773,443	\$299,576
Loans Receivable	\$1,098	\$2,873
Donations Receivable	\$56,025	\$23,025
Accounts Receivable	\$1,663	\$6,454
Inventories	\$235,836	\$255,156
Prepaid Expenses	\$53,418	\$59,075
Investment in Art	\$7,296	\$7,296
Deferred Program Costs	\$862,286	\$627,878
Tax Refunds	\$579	0
Total Current Assets	\$2,991,644	\$1,281,333
Property and Equipment		
Land	\$1,145,328	\$1,145,328
Buildings and Improvements	\$20,055,620	\$19,668,639
Administrative Equipment/Software/Web	\$1,811,377	\$1,708,863
Campus and Profit Center Equipment	\$2,117,774	\$1,966,405
Conference Production Equipment	\$0	\$1,894
Accumulated Depreciation	-\$7,163,338	-\$6,594,383
Total Property and Equipment	17,966,761	17,896,746
Total Assets	\$20,958,405	\$19,178,079
Liabilities and Unrestricted Net Assets		
Current Liabilities		
Line of Credit - Note Payable	\$0	\$799,836
Accounts Payable	\$101,762	\$51,652
Mortgage Payable - current portion	\$30,513	\$28,885
Taxes Payable	\$2,960	\$3,351
Wages and Bonuses Payable	\$0	\$117,066
Deferred Program Revenue	\$2,629,988	\$1,928,025
Program Credits Outstanding	\$279,850	\$238,369
Total Current Liabilities	\$3,045,073	\$3,167,184
Non-Current Liabilities		
Mortgage Payable - Non Current Portion	\$1,438,266	\$1,468,779
Total Liabilities	\$4,483,339	\$4,635,963
Net Assets		
Unrestricted	\$15,588,831	\$14,460,942
Restricted	\$886,235	\$81,174
Total Net Assets	16,475,066	14,542,116
Total Liabilities and Net Assets	\$20,958,405	\$19,178,079

Statement of Cash Flows

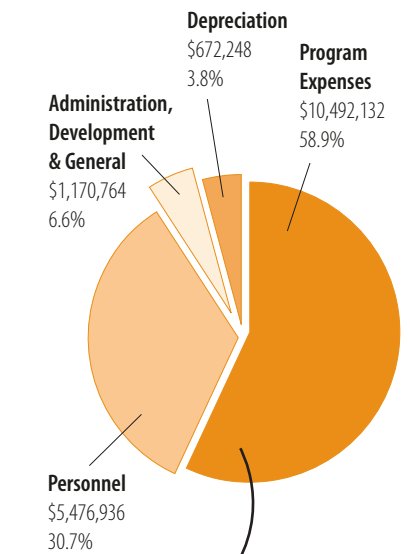
Cash Flows Provided by Operating Activities	2010 Totals	2009 Totals
Net Increase from Activities	\$1,932,950	\$694,607
Adjustments to reconcile Net Increase from activities net cash provided by operating activities:		
Depreciation	\$672,248	\$606,099
Changes In:		
Inventories	\$19,320	\$42,862
Accounts Receivable	\$4,791	\$-4,942
Donations Receivable	\$-33,000	\$12,059
Prepaid Expenses	\$5,657	\$-149,444
Deferred Programs	\$-234,408	\$326,975
Notes Receivable		
Accounts Payable	\$50,110	\$-111,098
Deferred program revenue	\$701,963	\$507,367
Taxes payable	\$-391	\$1,275
Wages Payable	\$-117,066	\$117,066
Program Credits	\$41,481	\$-22,790
Tax Refunds	\$-579	\$0
Net Cash Provided by Operating Activities	\$3,043,076	\$2,020,036
Cash Flows From Investing Activities		
Mortgage Payable	\$-28,885	\$1,497,664
Investments in Marketing Securities	\$0	\$558
Note Payable	\$-799,836	\$-200,164
Land, Building, Improvement and Equipment Purchases Net	\$-742,263	\$-3,266,592
Loans Receivable	\$1,775	\$3,036
	-\$1,965,498	-\$1,813,447
Net Increase (Decrease) in Cash	\$1,473,867	\$54,538
Summary		
Cash Balance at End of Period	\$1,773,443	\$299,576
Cash Balance at Beginning of Period	\$299,576	\$245,038
Net Increase/(Decrease) in Cash	\$1,473,867	\$54,538

Income Statement

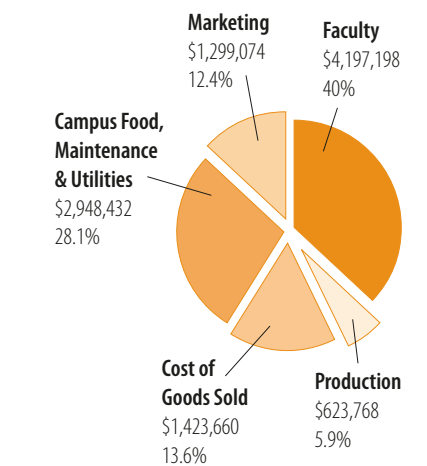
Revenues	Unrestricted	Restricted	2010 Totals	2009 Totals
Program Revenues				
Programs and Housing	\$14,232,649		\$14,232,649	\$13,607,623
Meals Revenue	\$35,447		\$35,447	\$32,694
Transportation Revenue	\$29,735		\$29,735	\$33,914
Facility Rental Revenue	\$200,307		\$200,307	\$319,980
Other Guest Related Income	\$646,634		\$646,634	\$560,105
Bookstore Revenue	\$1,351,879		\$1,351,879	\$1,318,238
Cafe Revenue	\$295,776		\$295,776	\$285,700
Wellness Center Revenue	\$715,341		\$715,341	\$640,237
Other Sales	\$965		\$965	\$7,240
Total Program Income	\$17,508,733		\$17,508,733	\$16,805,731
Donations Revenue				
Donations - Unrestricted	\$206,611		\$206,611	\$124,121
Women & Power Donations		\$11,995	\$11,995	\$82,983
Women's Institute Funding		\$1,213,479	\$1,213,479	\$191,085
Capital Campaign		\$364,414	\$364,414	\$171,039
Scholarship Fund Donations		\$305,347	\$305,347	\$161,002
Ram Dass Library Fund Donations		\$875	\$875	\$135
Other Restricted Donations		\$53,822	\$53,822	\$14,501
Total Donations	\$206,611	\$1,949,932	\$2,156,543	\$744,866
Investment Activity				
Revenues-Investment Income	\$41,710		\$41,710	\$12,825
Miscellaneous Activity				
Miscellaneous Income	\$38,044		\$38,044	\$138,646
Net Assets Released from Restrictions	\$1,144,871	\$-1,144,871	\$0	\$0
Total Revenues and Other Support	\$18,939,969	\$805,061	\$19,745,030	\$17,702,068
Expenditures				
Program Expenditures				
Program Faculty	\$4,197,198		\$4,197,198	\$3,982,107
Program Production	\$623,768		\$623,768	\$661,310
Marketing	\$1,299,074		\$1,299,074	\$1,176,685
Kitchen Expenses	\$1,167,906		\$1,167,906	\$1,127,224
Campus Expenses	\$1,780,526		\$1,780,526	\$1,708,460
Bookstore Cost of Sales	\$786,731		\$786,731	\$777,360
Other Cost of Sales	\$25,571		\$25,571	\$0
Media Production Costs	\$33,232		\$33,232	\$12,844
Cafe Cost of Sales	\$193,545		\$193,545	\$180,724
Wellness Center	\$384,581		\$384,581	\$343,530
Total Program Expenditures	\$10,492,132		\$10,492,132	\$9,970,244
Administrative Expenditures				
Personnel	\$5,476,936		\$5,476,936	\$5,270,521
Administrative	\$673,499		\$673,499	\$679,983
Development	\$131,283		\$131,283	\$104,147
General	\$365,982		\$365,982	\$376,466
Depreciation	\$672,248		\$672,248	\$606,099
Total Administrative Expenditures	\$7,319,948		\$7,319,948	\$7,037,216
Total Expenditures	\$17,812,080		\$17,812,080	\$17,007,460
Change in Net Assets	\$1,127,889	\$805,061	\$1,932,950	\$694,607
Net Assets Beginning of Year	\$14,460,942	\$81,174	\$14,542,116	\$13,847,509
Net Assets End of Year	\$15,588,831	\$886,235	\$16,475,066	\$14,542,116

2010 Overall Expenses

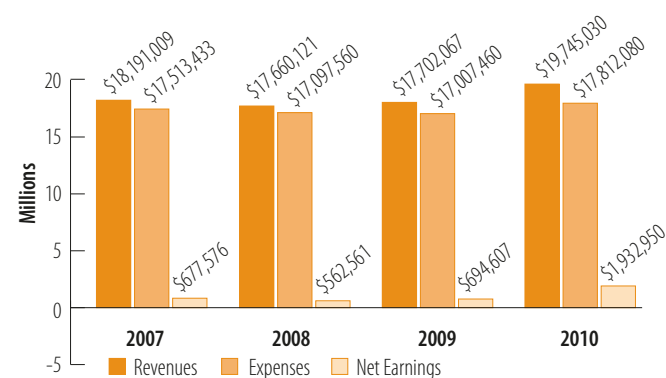
Total Expenditures: \$17,812,080



Program Expenses: \$10,492,132



Comparative Revenues, Expenses, and Net Earnings



Omega Institute for Holistic Studies, Inc. is qualified as a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code. Contributions are tax-deductible, as allowed by the law.

The Statement of Financial Position and Activities is summarized here. A complete copy of the last annual report filed with the New York State Office of the Attorney General may be obtained upon request by writing to the:

New York State Office of the Attorney General
Charities Bureau
120 Broadway
New York, NY 10271

Holistic (hō-līs-tīk):

Emphasizing the importance of the whole and the interdependence of the parts.

Gary Krauthamer

Chair
President, Krauthamer & Associates

Patty Goodwin

Writer/Producer

Nigol Koulajian

Founder, NOK Foundation

Sheryl Lamb

Organic and Sustainability Advocate

Walter Link

Chairperson of The Global Academy
Cochairperson of Global Leadership Network

Renee Martin-Nagle

Environmental Lawyer

Stephan Rechtschaffen, MD

Cofounder
Senior Advisor
Ex Officio

Elizabeth Lesser

Cofounder
Senior Advisor
Ex Officio

David Orlinsky

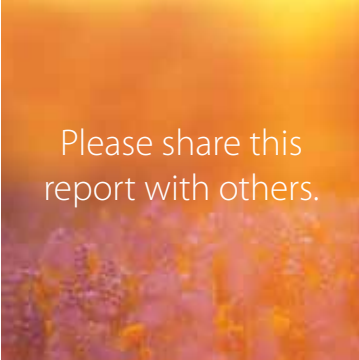
Private Investor
Ex Officio

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change.

Located on 195 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people each year to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world.

Omega Institute is a 501(c)(3) nonprofit organization.

OMEGA



Please share this
report with others.

OMEGA
Omega Institute for Holistic Studies, Inc.

150 Lake Drive, Rhinebeck, New York 12572
845.266.4444 • eOmega.org

©2011 Omega Institute